**Suggested Camp Program during Daylight Saving for 90 Participants (6 groups of max. 15 students for activities)**

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| **Time** | **Day One** | | **Time** | **Day Two** | | **Time** | **Day Three** |
|  |  | | 7:30 | Rise N Shine - Get ready for the day | | 7:30 | Rise N Shine - Pack Bags and Clean Rooms |
| 8:00 | **Breakfast and Duties** | | 8:00 | **Breakfast and Duties** |
| 8:30 | Room Inspection | | 8:30 | Room Inspection, Pack Vehicles |
| 9:00 | Activities – Rotation Three | | 9:00 | Walk down to Beach for a morning of Beach Activities and Swimming or walk along the cliff top to East Shelly Beach for lunch |
|  | 1. Abseiling  2. Kayaking  3. Flying Fox | 4. Commando C.  5. Catapults  6. Team Initiatives |  |
| 10:30 | **Morning Tea** | |  |
| 11:00 | Arrive at camp and unpack vehicles | | 11:00 | Activities – Rotation Four | |  |
| 11:30 | Initial briefing with Camp Managers  Rules and Boundaries  Go to Rooms, unpack and settle in | |  | 1. Commando C.  2. Catapults  3. Team Initiatives | 4. Kayaking  5. Flying Fox  6. Abseiling |  |
| 12:00 | Orienteering/Photo Hunt  Exploratory walk around camp ground | | 12:30 | Get ready for lunch | |  |
| 1:00 | **Packed lunch in the BBQ shed** | | 1:00 | **Lunch** | |  | **Packed Lunch on the Beach** |
| 2:00 | Activities – Rotation One | | 2:00 | Activities – Rotation Five | |  | Depart for School |
| 1. Flying Fox  2. Abseiling  3. Kayaking | 4. Team Initiatives  5. Commando C.  6. Catapults |  | 1. Kayaking  2. Flying Fox  3. Abseiling | 4. Catapults  5. Team Initiatives  6. Commando C. |  |
| 3:30 | **Afternoon Tea** | | 3:30 | **Afternoon Tea** | |  |  |
| 4:00 | Activities – Rotation Two | | 4:00 | Activities – Rotation Six | |  |
|  | 1. Team Initiatives  2. Commando C.  3. Catapults | 4. Abseiling  5. Kayaking  6. Flying Fox |  | 1. Catapults  2. Team Initiatives  3. Commando C. | 4. Flying Fox  5. Abseiling  6. Kayaking |  |
| 5:30 | Get ready for tea/Free time | | 5:30 | Get ready for tea/Free time | |  |
| 6:00 | Tea and Duties | | 6:00 | Tea and Duties | |  |
| 7:00 | Evening Program – Games night | | 7:00 | Evening Program - Concert | |  |
| 9:30 | Bedtime | | 9:30 | Bedtime | |  |
| 10:00 | Lights Out | | 10:00 | Lights Out | |  |